Guide to BA
International Relations and Area Studies

HANDBOOK 2019/2020

Find your way around International Relations and the Jagiellonian University
WELCOME TO IRAS!

Dear Students

I am delighted to introduce you to a truly unique degree programme, which offers many benefits to students from around the world. Established in 2013, at the Jagiellonian University, in the heart of Central Europe, our Bachelor’s programme offers knowledge and expertise in International Relations and Area Studies, two strongly related fields, whose importance will continue to grow in today’s world.

I believe that the education and experience you will gain while studying with us will make a vital contribution to your chosen career. IRAS combines knowledge of different disciplines within the social sciences and humanities, with a strong focus on international security and area studies, to help students understand the complexity of today’s world. Our diverse community of students from around the world and academics has created a friendly atmosphere of close and productive interaction between all those involved. So far, IRAS has attracted students from over forty five countries and gained a reputation of being a bachelor’s programme that offers an exceptionally rich and interesting curriculum in International Relations. Our excellent faculty and facilities provide a stimulating learning environment, in which you can explore contemporary international politics and its future, engage with key debates about how politics works in a global age, who are the key actors, what are the significant challenges and the prospects for cooperation and conflict.

Professor Dorota Pietrzyk-Reeves
Director of IRAS

KEY FACTS

Degree type: Bachelor of Arts
Duration: 3 years
ECTS: 180
Department: Faculty of International and Political Studies
Tuition: 4000 EUR per annum

IRAS office
Jagiellonian University in Kraków
Faculty of International and Political Studies
Al. Mickiewicza 3, room 209
www.iras.uj.edu.pl
iras@uj.edu.pl
FB.com/UJIRAS
ABOUT THE IRAS PROGRAMME

STUDYING INTERNATIONAL RELATIONS AND AREA STUDIES

IRAS is a three-year, English taught, interdisciplinary Bachelor’s programme that offers an international and comparative perspective on the contemporary global system and different regions of the world. Its aim is to foster critical and creative thinking about complex global problems and to equip students with the analytical tools, language competence, and cross-cultural understanding of the key processes, ideas and actors that shape international relations.

Solid grounding
During the first three semesters, you will learn the fundamentals of the key subjects or studying international relations such as international political economy, international history, theories and methods of IR, globalization, economic and political geography, human rights and international ethics. With this solid foundation you will be ready to choose your preferred specialization and you will focus on either international security or two regions of the world offered as part of our Area Studies track.

Truly international
IRAS has attracted students from over forty five countries, which has allowed our graduates to master intercultural communication and develop a global or cosmopolitan mindset through interaction in both class discussion and outside the classroom. Exposed to different views and perspectives, our students learn how to value diversity culturally based approaches to social, political and economic developments.

Excellence and career-focus
Our Faculty of International and Political Studies is home to many specialists, excellent researchers and practitioners such as former diplomats, experts and politicians. You can learn from all of them. Our degree programme combines intellectual rigour with an applied focus, and develops a range of intellectual and practical skills that are relevant across a wide range of career opportunities. Our graduates have found work with a wide range of employers including non-governmental and intergovernmental organisations, banking and accounting services, local and national governments, educational establishments, and media and publishing companies. Others have opted to continue studying international relations, or other disciplines, at MA and PhD levels.
IRAS SPECIALIZATIONS

International Security
In order to ensure that you are able to master the complex challenges of the post-9/11 world, this specialization module views security from a broad theoretical and historical perspective, placing traditional security concerns in the context of such fields as development, economics, human rights and globalization. It will introduce you to the main concepts and approaches in international security and encourage you to analyse, interpret and evaluate world political events and issues. You will focus on a diverse range of topics including strategy, conflict resolution, foreign policy analysis, intelligence, human security, military technology and regional security.

Area Studies
This specialization will provide a solid grounding in politics, history, economic cooperation, culture and society of various regions of the world. You will be able to focus on two regions chosen from: Europe, Russia and its neighbourhood, the Americas, the Middle East and North Africa, and Asia-Pacific/ East and South Asia. This module is ideal for those who wish to explore and understand the different regions, their cultures, traditions and international relations in a comparative perspective. It is interdisciplinary and interactive, linking language study with other disciplines such as politics, history, economics, cultural studies and anthropology.

THE STRUCTURE OF THE IRAS PROGRAMME
The International Relations discipline is about understanding and tackling global and regional challenges. This degree scheme draws on several subjects, politics, history, economics, philosophy, law, geography and area studies to understand the various dimensions of today’s world and its on-going transitions.

Students engage in the same set of core courses during the first three semesters of their studies which provide solid foundations for studying the discipline of International Relations. During the remaining three semesters you will focus on your chosen specialization, you will master a foreign language or spend one semester at a partner university abroad, and you will write a BA dissertation on a chosen topic.
<table>
<thead>
<tr>
<th>First semester – core courses</th>
<th>Hours</th>
<th>ECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Relations in the 20th Century</td>
<td>40</td>
<td>6</td>
</tr>
<tr>
<td>Introduction to Politics and Political Science</td>
<td>30</td>
<td>5</td>
</tr>
<tr>
<td>International Political Economy</td>
<td>40</td>
<td>6</td>
</tr>
<tr>
<td>Political Philosophy and IR</td>
<td>35</td>
<td>5</td>
</tr>
<tr>
<td>Academic English: Research and Presentation</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td>Tutorial</td>
<td>20</td>
<td>1</td>
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<tr>
<td>Intellectual Property</td>
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<table>
<thead>
<tr>
<th>Second semester – core courses</th>
<th>Hours</th>
<th>ECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Globalization and Global Governance</td>
<td>30</td>
<td>5</td>
</tr>
<tr>
<td>International Economic Relations</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td>Political and Economic Geography</td>
<td>30</td>
<td>5</td>
</tr>
<tr>
<td>Theories of International Relations</td>
<td>30</td>
<td>5</td>
</tr>
<tr>
<td>Key Issues in Contemporary International Politics</td>
<td>20</td>
<td>3</td>
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<tr>
<td>Academic English: Writing Skills</td>
<td>15</td>
<td>3</td>
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<tr>
<td>Tutorial</td>
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**Elective courses (announced each year and subject to change)**

<table>
<thead>
<tr>
<th>Elective courses</th>
<th>Hours</th>
<th>ECTS</th>
</tr>
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<tbody>
<tr>
<td>World Civilizations</td>
<td>20</td>
<td>3</td>
</tr>
<tr>
<td>Statistics</td>
<td>20</td>
<td>3</td>
</tr>
<tr>
<td>Introduction to Modernity</td>
<td>20</td>
<td>3</td>
</tr>
<tr>
<td>Liberalism, Multiculturalism and Citizenship</td>
<td>20</td>
<td>3</td>
</tr>
<tr>
<td>Organized Crime in Contemporary World</td>
<td>20</td>
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<table>
<thead>
<tr>
<th>Third semester – core courses</th>
<th>Hours</th>
<th>ECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Domestic and International Law</td>
<td>40</td>
<td>6</td>
</tr>
<tr>
<td>Human Rights</td>
<td>20</td>
<td>4</td>
</tr>
<tr>
<td>Ethics and International Affairs</td>
<td>30</td>
<td>5</td>
</tr>
<tr>
<td>Culture in International Relations</td>
<td>30</td>
<td>5</td>
</tr>
<tr>
<td>Foreign language (French, German, Russian, Spanish, Polish, Chinese or Arabic)</td>
<td>60</td>
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<tr>
<td>Physical Education</td>
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**Elective courses (announced each year and subject to change)**

<table>
<thead>
<tr>
<th>Elective courses</th>
<th>Hours</th>
<th>ECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Methods of Research in Social Science</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Global Migrations and Their Consequences</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Understanding Culture and Politics</td>
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**SPECIALIZATION INTERNATIONAL SECURITY**

<table>
<thead>
<tr>
<th>Fourth semester</th>
<th>Hours</th>
<th>ECTS</th>
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<tbody>
<tr>
<td>International Security: Concepts and Approaches</td>
<td>30</td>
<td>4</td>
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<tr>
<td>War and Conflict</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Human Security</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Global Discourse</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Democracy Promotion</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Elective Courses</td>
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<td>8</td>
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<tr>
<td>Physical Education</td>
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<table>
<thead>
<tr>
<th>Fifth semester</th>
<th>Hours</th>
<th>ECTS</th>
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<tbody>
<tr>
<td>International Security: Application and Analysis</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Conflict Resolution and Peace Building</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Terrorism and Counterterrorism</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Transatlantic Relations since 1945</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td>Course</td>
<td>Hours</td>
<td>ECTS</td>
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<tr>
<td>Elective courses</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Foreign language</td>
<td>60</td>
<td>4</td>
</tr>
<tr>
<td>Dissertation Seminar</td>
<td>30</td>
<td>4</td>
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<tr>
<td><strong>Sixth semester</strong></td>
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<tr>
<td>Energy Security</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Military Operations and Technology</td>
<td>30</td>
<td>4</td>
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<tr>
<td>Elective courses</td>
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<td>8</td>
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<tr>
<td>Dissertation Seminar</td>
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<tr>
<td><strong>Total 180 ECTS</strong></td>
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**SPECIALIZATION ARE STUDIES**

*Students choose two modules out of five listed below*

### MODULE EUROPE

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Hours</th>
<th>ECTS</th>
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<tbody>
<tr>
<td>Fourth</td>
<td>History, Memory and the Making of Modern Europe</td>
<td>30</td>
<td>4</td>
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<tr>
<td></td>
<td>European Integration</td>
<td>30</td>
<td>4</td>
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<tr>
<td></td>
<td>Twentieth Century European Thought and Culture</td>
<td>30</td>
<td>4</td>
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<tr>
<td></td>
<td>Elective course</td>
<td>15</td>
<td>2</td>
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<tr>
<td>Fifth</td>
<td>EU Law and Policy-Making</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Europe and Global Politics since WWII</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Transatlantic Relations since 1945</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td>Sixth</td>
<td>The Monetary and Economic Union</td>
<td>30</td>
<td>4</td>
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<tr>
<td></td>
<td>Central and Eastern Europe after 1989</td>
<td>30</td>
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</table>

### MODULE THE AMERICAS

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Hours</th>
<th>ECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fourth</td>
<td>USA and Canada in the Twentieth Century</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>American Government and Politics</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Twentieth Century American Culture</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Elective course</td>
<td>15</td>
<td>2</td>
</tr>
<tr>
<td>Fifth</td>
<td>Latin America in the Twentieth Century</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Introduction to Latin American Cultures and Societies</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>International Relations of the Americas</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td>Sixth</td>
<td>US Foreign Policy after the End of Cold War</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Economic Cooperation and Integration in the Americas</td>
<td>30</td>
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### MODULE THE MIDDLE EAST AND NORTH AFRICA

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Hours</th>
<th>ECTS</th>
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</thead>
<tbody>
<tr>
<td>Fourth</td>
<td>The Middle East and North Africa in the 20th Century</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>The State and Society in the Middle East and North Africa</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Introduction to Arabic Culture</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Elective course</td>
<td>15</td>
<td>2</td>
</tr>
<tr>
<td>Fifth</td>
<td>International Relations in MENA: the Politics of Oil</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Islam, Tradition and Modernity</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Conflict and Terrorism in MENA</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td>Sixth</td>
<td>Trajectory of Economic Development of MENA</td>
<td>30</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Arab Spring and Its Impact on the Arab World</td>
<td>30</td>
<td>4</td>
</tr>
</tbody>
</table>
## MODULE ASIA-PACIFIC/EAST AND SOUTH ASIA

### Fourth semester
- East and South Asia in the 20th Century 30 4
- Cultures and Societies of East and South Asia 30 4
- International Relations in Asia-Pacific 30 4
- Elective course 15 2

### Fifth semester
- International Relation in South Asia 30 4
- Regional Integration and Economic Relations in Asia-Pacific 30 4
- Security Issues in East and South Asia 30 4

### Sixth semester
- Japan since Meiji 30 4
- China in World Politics 30 4

## MODULE RUSSIA AND ITS NEIGHBOURHOOD

### Fourth semester
- Modern Russian History 30 4
- Russia's Political System and Domestic Policies 30 4
- Russian Culture and Society 30 4
- Elective course 15 2

### Fifth semester
- Politics and Society in Central Asia and the Caucasus Since the End of USSR 30 4
- Ukraine, Belarus and Moldova Since the End of the USSR 30 4
- Economic Transition in Russia and Its Neighborhood 30 4

### Sixth semester
- Post-Soviet Area in International Relations 30 4
- Russian Security Policy 30 4

**Total 180 ECTS**

Please note that all Area Studies students complete Dissertation Seminar in semesters five and six – 16 ECTS, as well as one foreign language in semesters three, four, and five, - 12 ECTS and Physical Education in semester four.
IRAS CODE OF CONDUCT

These are some very basic and general rules that IRAS staff and students are asked to follow. Most of the rules are evident for any university setting, but we have written them down to make sure everyone understands that they are not to be broken:

1. Everyone should become acquainted with the University regulations and our IRAS website for important information regarding our programme, news, events, courses and other University rules (www.iras.uj.edu.pl)
2. Please respect our office hours which are Monday-Thursday 9-14:00 and Fridays 9-12:00.
3. We have a dress code at IRAS. Please wear appropriate clothing to lectures, seminars and exams to not offend other students or staff. This includes wearing clothes that cover sensitive parts of the body.
4. Class attendance is a prerequisite to taking the exams. A list will be passed around in each class to check regular attendance.
5. Sick days and absences require a Doctor’s note brought to class or sent to the office.
6. Reading assignments are mandatory and all the reading material can be either found online or in the libraries, as instructed by lecturer.
7. We will not tolerate any late arrivals at either classes or exams. Tardiness disrupts lectures, and tardy students will not be allowed to join unless they have a legitimate excuse.
8. We expect all students to arrive before the official beginning of the University course session and to depart after the official examination session has closed. We expect all students to attend the full semester of classes.
9. At IRAS, we discourage the use of computers during class time. On the other hand, we will forbid the use of any mobile phones, as these are not necessary study tools and simply disrupt class.
10. Exams, exam timetables and exam rules of conduct are not to be negotiated. Exceptions to the rules will not be given. There is no second chances, other than those stipulated in the regulations, to obtain the desired mark.
11. Emailing professors is considered appropriate when this is a form of communication. However, sending last minute emails about absences is not appropriate, unless there is an emergency. Please address professor in an official way.
12. Attendance in tutorial classes is mandatory for all 1st year students regardless of any circumstances.
13. Any form of racism and/or prejudices will absolutely not be tolerated in or out of the classroom at IRAS. This includes joking or making fun of anyone in the programme and outside of it.
14. Any form of plagiarism or other dishonest attempts at taking exams, quizzes and/or assignments will be duly disciplined in accordance with the Jagiellonian University Student Regulations.
15. IRAS has its own Facebook page, which we ask you to take part in and check for information. FB/UJIRAS.
STUDENT SUPPORT

IRAS Administration

Professor Dorota Pietrzyk-Reeves, Director
office hours: Wed 15.00-16.00, room 215, Al. Mickiewicza 3
Dr Dominika Dziwisz, Vice-Director for Students' affairs
office hours: Tue 9:30-10:30 Aleje Mickiewicz 3, room 225
Dr Michał Rzepecki, IRAS Coordinator
Judyta Mutwil-Grodecka, secretary at IRAS office
Justyna Zelek, secretary at IRAS office
office hours: Mon-Thu: 8.00-14.00, Fri: 8.00-11.00

Professor Andrzej Porębski, Dean of the Faculty of International and Political Studies
Professor Paweł Laidler, Vice-Dean
office hours: Mon 13:30-15:00; Tue 13:00-14:00 Collegium Novum, Golebia 24, room 43

Tutorials
We care about the quality and learning experience of each student. Our first year tutorials provide an introduction to studying at the Jagiellonian University, to help enhance learning skills and discuss academic and other matters during individual meetings with a tutor. Tutorials are mandatory for all students and allow each participant to build a closer relationship with their staff Tutors. In each session, students can discuss their own challenges and issues. This is a unique opportunity to obtain one on one support, as well as to create plans for students’ future development by preparing student portfolios and discussing relevant events shaping professional, personal and academic life.

This process is also facilitated by regular contact with second and third year IRAS students acting as mentors and helping fellow-students navigate the programme and their new life in Krakow.

Student Centre for Support and Adaptation "SOWA"
It is a project of the Jagiellonian University and the University Hospital in Kraków addressed to Jagiellonian University students. In the centre you can talk to a qualified person about mental health problems affecting your studies, work or private life. You can also participate in thematic support groups. The offer is addressed not only to Polish, but also English-speaking students.

“SOWA” is part of a wider JU's programme called Constellation Leo, the goal of which is the promotion and prophylaxis of mental health in the University's academic community. The programme offers an educational platform – a free source of knowledge about mental health, a list of centres providing specialist support in Krakow and principles of handling emergencies.
LIBRARIES

The Library of the Institute of Political Science and International Relations
(main library for International Relations and Area Studies students)
It is located in ul. Jabłonowskich 5, lower first floor
Opening Hours:
Monday-Friday: 10.00 AM-6.00 PM
Saturday: 9.00 AM-1.00 PM

The Jagiellonian Library
Location: ul. Oleandry 3
The main JU library - the Jagiellonian Library - is one of the biggest research libraries in Poland. As a JU student, you may not only access the reading rooms in this library, but also check out book from a good portion of the collection. To use the library, you need to register at the main building (please make sure that you have your student ID card and your national ID card or passport with you). Please visit at www.bj.uj.edu.pl/en_GB/start

Opening hours:
Monday-Friday: 8.15-20.50
Saturday: 9.00-16.00

Additionally, JU Institutes and Faculties also have their smaller libraries, whose collections are tailored to the areas in which they teach and carry out research. To learn about the rules for using the libraries, it is best to consult its librarian.

The Library of the American Studies Department (Katedra Amerykanistyki)
Location: 3rd floor of the Institute's building at Rynek Główny 34.

Opening Hours:
Monday-Friday: 9.00 AM - 6.00 PM
Saturday (every first and second of any month): 9.00 AM - 1.00 PM

The Library of the Centre for European Studies
Location: ul. Garbarska 7a
Reading Room opening hours:

<table>
<thead>
<tr>
<th>Day</th>
<th>Opening Hours</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>12.30 - 19.30</td>
</tr>
<tr>
<td>Tuesday</td>
<td>08.30 - 15.30</td>
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<td>Wednesday</td>
<td>12.30 - 19.30</td>
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<tr>
<td>Thursday</td>
<td>12.30 - 19.30</td>
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<tr>
<td>Friday</td>
<td>08.30 - 15.30</td>
</tr>
<tr>
<td>Saturday</td>
<td>10.00 - 15.00</td>
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</tbody>
</table>
Academic Calendar 2019/2020

The academic year 2019/2020 starts on 1 October 2019 and ends on 30 September 2020

Winter semester: from 1 October 2019 to 23 February 2020
Summer semester: from 24 February 2020 to 30 September 2020

Lectures and classes will be held in the following periods:
- 2 October 2019 to 22 December 2019
- 7 January 2020 to 28 January 2020
- 24 February 2020 to 9 April 2020
- 15 April 2020 to 15 June 2020

Examination periods

Winter examination period
29 January 2020 to 10 February 2020
winter resit examination period
17 February 2020 to 23 February 2020
Summer examination period
15 June 2020 to 29 June 2020
Summer resit examination period
1 September 2020 to 15 September 2020

Christmas break
23 December 2019 to 6 January 2020

Winter break
11 February 2020 to 16 February 2020

Easter break
10 April 2020 to 14 April 2020

Summer holiday break
30 June 2020 to 30 September 2020

Additional holidays
- 2 May
- Friday in the week when "Juwenalia" Student Festival is held.
University education does not happen only in class; there are numerous other opportunities to learn invaluable skills, such as public speaking and creative thinking, outside class. You might want to join AIAS - The Association of International and Area Studies and get involved in its activities. AIAS is a self-governing student society registered with our department, established and run by IRAS students. Its focus is on four major areas:

**Education**
Developing academic interests and expanding students’ knowledge of international politics and different regions of the world.

**Communication**
Conferences, public debates, seminars and the Jagiellonian University’s International Model United Nations, organized annually by IRAS students, provide an opportunity to communicate with others, present and learn how to raise awareness in relation to key global and local challenges.

**Diversity**
AIAS has created a community of students, scholars and universal minds who share ideas and experience.

**Inspiration**
The goal of AIAS is to spark interest and encourage each member’s development through debates, movie nights, study trips, academic publications and workshops.

For more information see AIAS FB: https://www.facebook.com/aiasuj/
BASIC PRACTICAL INFORMATION

Getting your visa

EU and EFTA citizens
As a citizen of the EU or Schengen member states, you may cross the Polish border on the basis of a valid travel document (passport or identity card).

Non-EU and non-EFTA citizens
As a citizen of other countries than member states of the EU or EFTA, you may cross the external border of the EU—including Polish border—with a valid travel document, travel medical insurance, justification of purpose and conditions of your intended stay and prove that you have sufficient means for the planned stay and for the return journey, and, if it is required—a visa. List of visa-free countries is available on the website of the Ministry of Foreign Affairs www.msz.gov.pl/en/travel_to_poland/entering_poland/visa_free. If you do find yourself in need of a visa, please note that you may apply for two types of visas: a Schengen visa (type C), valid for 90 days of entry into the Schengen area over the period of six months; or a long-stay Polish national visa (type D), valid for no longer than a year. Visa application procedures must be completed in your country of origin well before you come to Poland; you should allow at least several months for the Polish embassy to process your application. Once you are admitted to the JU, we will issue a letter confirming your admission which can be presented at the embassy for visa purposes.

Registering your stay
Once in Poland, you are obliged to register your stay, if it exceeds 3 months. To register your stay, you need to file an application together with a set of required documents with the provincial office (Małopolski Urząd Wojewódzki). If you are not a EU / EFTA citizen, you only have 4 working days to submit the application, following your arrival in Poland.
You may find more information about the procedures here: www.malopolska.uw.gov.pl/default.aspx?page=Locations_of_foreigner_service_centres

Accommodation

Student dormitories
When coming to study at the Jagiellonian University, you may apply for a place in a student dormitory. There are six dormitories at the JU, and although prices vary, they do not exceed 400 PLN per month.
You should apply for a place once you are admitted. For more information about procedures of application and accommodation availability, please contact student office for your programme or International Students Office.
Further reading: internationalstudents.uj.edu.pl/regularstudies/dormitory

Private accommodation
If you prefer to rent a room or an apartment rather than book a place in a dormitory, you will quickly see that the housing market in Kraków is very lively and offers a variety of living options. If you are willing to share a room, prices may be as low as 500 PLN per month, but depending on the location and the apartment standard, they may also be much higher. There are many websites—Facebook groups, student
forums—where you can find dozens of offers published by other students looking for roommates.

**Student ID Card**
As a JU student, you will be issued an electronic student ID card. It confirms your student status in Poland and is in general used as proof that you are eligible for student discounts, e.g. in public transport. It’s also used as a library card in University libraries.
To receive your student ID card, follow the instructions you are given upon enrolment, or refer directly to the IRAS office.
Please remember that the card is only valid for the period indicated on the holographic sticker on the back of the card. Each semester, you need to extend its validity at your student office.

**Learning Polish**
What better occasion to learn a foreign language than coming to study in its country of origin? When studying at the JU, you may enrol into courses held at our School of Polish Language and Culture, both intensive and less intensive in their curricula. See the full offer here: [www.plschool.uj.edu.pl/sjikp](http://www.plschool.uj.edu.pl/sjikp)

**Public transportation**
Getting around Kraków on buses and trams is very convenient. Students can buy discounted monthly and semester transport passes (47 PLN per month or 184 PLN per semester) using their student ID card (which then also acts as their bus pass). Wide network of shared Wavelo bikes covers most of the city, and biking to university is a popular form of transport.

**Health care in Poland**
If you are a EU / EFTA citizen, and you have the European Health Insurance Card (EHIC), you are entitled to receive free health care services. Please be sure to show your card upon your visit at the doctor’s office.
If you don’t have the EHIC, or are from outside of EU / EFTA, you should either purchase health insurance before arrival, or enrol in the Polish National Health Fund (*Narodowy Fundusz Zdrowia*). When you purchase the NFZ insurance, you become eligible for health care services in Poland.
Holders of Polish Charter can be insured free of charge in the NFZ by the University.
For advice about health care during your studies, please contact [International Students Office](mailto:).
Dear Students,

Welcome to the Jagiellonian University in Kraków – a university of the 21st century! The Jagiellonian University has been teaching students in one of the most beautiful Polish cities, Kraków, since the 14th century. I have the great honour of serving as the University’s current Rector. For over 650 years, since its foundation in 1364, the Jagiellonian University has attracted students and professors worldwide as one of the most dynamic research and teaching centres in Europe. We are constantly evolving and changing to better meet your needs and expectations. Here you will be able to follow your dreams and challenge yourself. Maybe you will reach new heights in your chosen discipline by devoting time and effort to studying at the Jagiellonian University.

See you in Kraków!
Prof. Wojciech Nowak, MD, PhD, Rector of the Jagiellonian University

The Jagiellonian University is the oldest university in Poland and one of the oldest in Europe. Since its foundation 655 years ago, it has educated many famous alumni, including pope John Paul II, astronomer Nicolaus Copernicus, and poet Wisława Szymborska, a Nobel laureate. The University offers over 30 study programmes in foreign languages and 150 in Polish. It is home to almost 45,000 students. The Jagiellonian University is chiefly a research institution. According to the international databases Web of Science and Elsevier Scopus, its researchers are the most prolific in Poland, publishing the most academic papers. The extraordinary quality of research is reflected in the Jagiellonian University’s position as the only Polish and Eastern European higher education institution in Reuter’s Top 100: Europe’s Most Innovative Universities ranking. Welcome to Kraków – a jewel of Europe and the cultural capital of Poland, a city of art galleries, museums, theatres, and festivals. 180,000 young people from all over the world come to study here every year, and a quarter of them choose the Jagiellonian University.
Since its very beginning, the Jagiellonian University has been an international institution. Poles, Ruthenians, Lithuanians, Hungarians, Germans, Czechs, the Swiss, the English, the Dutch, the French, the Spanish, Italians, and even Tatars studied here in the old days.

Further development of the University has been inextricably bound with the turbulent and often tragic history of Poland. The institution managed to survive both the partitions of Poland by Russia, Prussia and Austria, and the two world wars, serving as a guardian of Polish culture and identity and educating successive generations of Poles, as well as members of other nations, significantly contributing to the intellectual heritage of Europe.

Some of the Jagiellonian University students and academics have been major historical figures, including world famous scholars, such as Nicolaus Copernicus or Karol Olszewski, as well as Karol Wojtyła, the future Pope John Paul II.

Today, the Jagiellonian University comprises 16 Faculties, where nearly 4 thousand academic staff conduct research and provide education to over 40 thousand students, within the framework of more than 80 different fields of study. The eminent researchers and state-of-the-art infrastructure make the JU one of the leading Polish scientific institutions, collaborating with major academic centres from all over the world. The Jagiellonian University is also home to about 150 student societies, where young researchers pursue their academic interests and develop friendships with people who share their passion.
STUDENT MOBILITY

IRAS student can participate in the Erasmus+, the new EU student and staff exchange programme for Education, Training, Youth, and Sport for 2014-2020.

How long can students go abroad?
Students of International Relations and Area Studies can go abroad for 3 to 6 months (including a complementary traineeship period, if planned).

What are the conditions?
The mobility is carried out in the framework of prior "inter-institutional agreements" between the sending and receiving institutions, both of which must be holders of the Erasmus Charter for Higher Education (if located in a Programme country).

What arrangements are made?
Prior to the departure the Erasmus+ student is provided with:
- A grant agreement covering the mobility period and signed between the student and his or her sending higher education institution;
- A "Learning Agreement" setting out the programme of studies to be followed, as approved by the student, the sending and the receiving institution;
- The "Erasmus+ Student Charter" setting out the student's rights and obligations with respect to his/her period of study abroad.

At the end of the period abroad:
- The receiving institution must provide the student and their sending institution with a transcript of records confirming that the agreed programme has been completed and confirming the results;
- The sending institution must give full academic recognition for satisfactorily completed activities during the mobility period as agreed in the Learning Agreement, by using ECTS credits or an equivalent system. The mobility period should also be recorded in the Diploma Supplement.

Will financial support be provided or fees charged?
Students may be awarded an Erasmus+ EU grant to help cover the travel and subsistence costs incurred in connection with their study period abroad. Erasmus+ students - whether or not they receive an Erasmus+ EU grant - are exempted from paying fees for tuition, registration, examinations and access to laboratory and library facilities at the host institution.

The payment of any national grant or loan to outgoing students should be maintained during the study period abroad.
LIVE, STUDY AND WORK IN KRAKOW

Krakow is one of the best places to study in Europe. It is an elegant medieval city that played a leading cultural role in the Middle-Ages and in the Renaissance, and it is the cultural centre of Poland today. One of the advantages of studying in Krakow is the relatively low cost of living.

- UNESCO-listed medieval Old Town. with the most beautiful Market Square in Europe.
- A city of world-known people including Pope John Paul II, cinema Oscar Winners Andrzej Wajda, Roman Polański, theater figures Tadeusz Kantor, literature Nobel-prize Winners Wisława Szymborska, Czesław Miłosz; Stanisław Lem
- Numerous universities, with over 200,000 students
- Poland's cultural capital that offers galleries, cinemas, theatres, concert venues, international events and festivals
- One of the most fashionable hotspots in Central and Eastern Europe for young people from around the globe
- Thousands of cafés, bars, bistros, international and traditional Polish restaurants offering great cuisine

Kraków's location is unique for several reasons. In addition to having all the benefits of a large city, including very well developed public transportation, easy access to hostels and student dormitories, and numerous shopping malls and restaurants, Kraków is also very close to the Tatra Mountains (with many ski resorts and trekking routes near Zakopane), beautiful national parks—Pieniny and Ojców, and Dunajec River Gorge, which offers some interesting rafting opportunities. Additionally, Kraków is not very far from other European capitals, such as Prague and Vienna, so weekend trips to neighbouring countries pose no problem to keen travellers. Kraków is also an important transport hub, with quick and comfortable bus, train and plane connections to other cities, both in Poland and abroad.

Vibrant job market
Because Kraków's universities train highly qualified specialists in all kinds of fields, it is not at all surprising that businesses are very frequently set up in the region. International investors establish branches of their corporations in the area to ensure the influx of trained specialists. This offers prospective students a multitude of opportunities to develop careers in their desired professions.
City of kings
Kraków is the historical capital of Poland, and as such, it is very deeply rooted in Polish tradition and culture. There is almost a tangible feel of history in the atmosphere of Kraków, while at the same time it is also very vivid and teeming with life. Galleries, museums, theatres, a philharmonic and an opera house—all these places offer unforgettable experiences to art aficionados. Small wonder that Kraków attracts thousands of tourists every year, regardless of season.

The meeting place
Despite its traditional nature, Kraków is not only about history. It is, first and foremost, a melting pot of diverse cultures, where people from all over the world meet to share their knowledge, experience, and friendship. Numerous clubs and pubs guarantee quality entertainment in a welcoming environment—be it in the open, spacious area of the Market Square, or mysterious, narrow alleyways of Kazimierz. Clubs are located close to one another, so hardened merrymakers may find themselves devoting entire evenings to exploring new places. Cultural, musical and film festivals, many of which are organised by students, also liven up the city.

Is Kraków safe? As evidenced by the Global Peace Index and Global Terrorism Index, Poland is one of the safest countries in the European Union. For many years, the levels of crime in Kraków have been steadily dropping, while the effectiveness of the police force has been on the rise. Compared to other cities in Poland, Kraków is one of the safest. As of 2018, the introduction of a new programme ‘Safe Kraków’ further increases the safety of the city’s inhabitants, including students.
Beginning your studies abroad may seem like a great challenge, and for many students it really is an adventure they need to well prepare for. As you read this guide, be advised that you may be provided with additional Orientation Guides by your IRAS programme coordinator—but the following information will give you a good impression of what your life may be when you come to study with us.

Jagiellonian University Campuses
There are four main JU campuses
First Campus (University District) is located in the historical centre of Kraków, just by the Main Square. It includes medieval Collegium Maius, hosting University Museum, Collegium Novum – current seat of the Rector and many administrative offices, and residences of several JU Faculties.

The Second Campus is also located in central Kraków, close to Jagiellonian Library. Buildings within this campus include Auditorium Maximum or the new auditorium of the Faculty of Law and Administration.

Third Campus is also the biggest and newest of JU campuses. Located in Ruczaj district of Kraków, it houses newest laboratories, research centres, and auditoria of a number of JU Faculties and other units, especially in the fields natural and pure sciences.
Student societies and research circles
University education is not only about lecture and classes: in your free time you can join some of the JU student societies and other organisations, where you will meet new people and get to spend more time on your passions—or find new ones! Below you may find an overview of the most popular organisations active at the JU.

Research circles
There are more than 170 active student research circles at the JU. These organizations provide excellent opportunity to broaden your interests related to your course of study: their activities often include research trips, organising meetings with professionals and researchers in the field, holding conferences and much more.

JU University Sports Association
The University Sports Association is the biggest sports association in Poland, nationwide. It was first established at the Jagiellonian University, and it has been active ever since, for more than 100 years now. As a JU student, you may enrol in one of 40 sections (including football, basketball, volleyball, rowing, horseback, track and field, skiing, and many more) and become part of the JU representation at the national and European competitions. Read more: www.azs.uj.edu.pl

Student Governance
By virtue of law, Student Governance is the only official representation of students of a university. Chosen in free elections, students active as members of executive commissions of the governance are the voice of all JU students before the University governance. Their activities include not only sitting on various committees within the University, but also provide services to all students, including legal support or organisation of university-wide events.

International organisations
Branches of several international organisations are present at the JU, including Erasmus Student Network, AEGEE (European Students’ Forum), European Students’ Union, and AIESEC. Interested students can apply to the International Office of the Jagiellonian University, they should also contact the Director of their programme. The main application process is available in February and in the complementary application round September.

Student Services

For more information about various student services provided by the Jagiellonian University please see https://en.uj.edu.pl/en_GB/studying/student-services

Careers Service
The goal of the Careers Service is to offer JU students and alumni assistance and support in an effective job search and career development by:

• providing access to tailor-made career advice
• organising and conducting training for job seekers
• providing information about jobs and educational market
• conducting research projects
• being professional, impartial and discreet.